

HUMAN HEALTH AND WELFARE (2013, R2022)



Policy Statement

The American Society of Landscape Architects believes that the planning, design, and management of our built and natural environments have a significant impact on human health and welfare. Furthermore, ASLA recognizes that human health and welfare are supported by positive physical and mental health and that everyone has the right to a supportive and healthy environment.

ASLA supports improving physical and mental health through the design, planning, and material choices in our built environments in order to:

- Promote active lifestyles
- Mitigate the impacts of climate change and environmental stressors
- Foster social interaction
- Improve contact with nature, parks, and natural features
- Enhance safety and comfort in our public and private spaces
- Create inclusive spaces with a strong sense of place
- Support healthy food systems
- Provide spaces for restoration and healing